



August 23, 2024

Insidious Trauma: Context, Impact, and Consideration for Care

The Office of Mental Health and Substance Abuse Services (OMHSAS) and the Office of Development Programs (ODP)

Oppression and marginalization in their various forms have a profound impact on individuals and communities as it does our interactions with systems and with one another. This session will introduce the impact of trauma broadly, provide an overview of insidious trauma and its effects, and explore some relevant interpersonal and clinical considerations in supporting those impacted by traumatic stress.



Objectives:

1. Define trauma and discuss some of its impacts.
2. Review SAMHSA principles for trauma-conscious interactions in various settings and roles.
3. Define insidious traumatic stress and consider how it may affect individuals and communities.
4. Explore strategies for trauma-conscious care in clinical and community interventions for working with clients experiencing insidious trauma.
5. Consider some ways in which you can support those who are experiencing insidious trauma.

PRESENTER

Crystal L. Austin, Ph.D., L.P:

Dr. Austin is an Assistant Professor of Instruction in the Temple University College of

Education and Human Development. She earned a doctorate in counseling psychology from the University of Albany and is a licensed psychologist in the Commonwealth of Pennsylvania. Dr. Austin's clinical and research interests include exploration of intersecting identities, biracial identity experiences, and racism-related traumatic stress. She has developed and facilitated trainings for diverse professionals (e.g., educators, health professionals) about oppression-based trauma and trauma-conscious practice and has been involved in research and evaluation of trauma-informed intervention.

Prior to her time at Temple, Dr. Austin worked in university and community mental health settings in a variety of roles, including intervention, assessment, outreach and supervision. In teaching, research, and practice, Dr. Austin strives to approach student, participant, and client care holistically and in a way that exercises cultural humility, curiosity, and respect.

Register at:

<https://bit.ly/4dRIQyW>

The session will be offered virtually, via the Zoom® platform. To participate, you will need access to a computer that meets the Zoom system requirements. Read about Zoom Technology Requirements to be able to participate in the session.

For questions on registration, email: patraining@columbusorg.com

PCCYFS Human Resources Summit

SAVE THE DATE
HUMAN RESOURCES SUMMIT
November 19, 2024

George Junior Republic Campus, Grove City

Keynote Speaker: Tracee L. Hunt, MHS, SPHR, SHRM-SCP
Total HR Solutions

 Tracee L. Hunt is the owner/CEO of Total HR Solutions, LLC. She is an accomplished HR Executive, Author, and Non-Profit Advocate. Tracee has over 25 years of experience in the field of Human Resources. Throughout Tracee's HR career and in her business, she has been applauded for her astute business acumen, strategic focus, her premier executive consultation skills, her holistic focus on driving cultural competence, as well as her benefits expertise.

Tracee holds a master's degree in Human Services Administration with a concentration in Human Resources Management from Rider University; a bachelor's degree in Vocational Education with a concentration in HR Training and Development from Southern Illinois University; as well as a degree in Accounting from Burlington County College. Tracee is married and has two children.

PCCYFS
PA COUNCIL OF CHILDREN
YOUTH & FAMILY SERVICES

Thank you to our event partners!
George Junior Republic & Total HR Solutions

PCCYFS will be hosting a Human Resources Summit on **November 19, 2024** at George Junior Republic in Grove City, PA. Please save the date and hope to see you there!



Terry Clark, Governing Board of Directors

Pa Family Support Alliance (PFSA), the state leader in child abuse prevention, today announced the appointment of Terry Clark to its Governing Board of Directors.

[Read More...](#)

OCYF Release

The Office of Children, Youth and Families (OCYF) released Bulletin 3140-24-03, entitled "Fiscal Year 2025-26 Children, Youth and Families' Needs-Based Plan and Fiscal Year 2024-25 Implementation Plan Instructions. Please submit any questions to the Needs-Based resource account: ra-ocynbb@pa.gov.



[Download the Fiscal year 2025-26 needs-Based Plan Budget Here...](#)



[Read the latest PCCYFS Legislative Updates.](#)



Behavioral Health Updates

Community Behavioral Health (CBH) – Provider Notice: Pay-For-Performance Data Request Form.

This [Notice](#) is to inform CBH providers about CBH's [Pay-For-Performance \(P4P\) Data Request Form](#). Provider agencies will use this form to request member-level data to evaluate a program's performance on the P4P measures for reporting year 2024...

[Read more](#) behavioral health updates from Managed Care Organizations and other partners.

Upcoming PCCYFS Events

Board of Directors Meetings (Open to all PCCYFS Member Executives!)

September 18 – 10 am

Annual Business Meeting - PCCYFS Members Only

October 9 – 10 am

[Click here to register](#)

Human Resources Summit

November 19

[See the full PCCYFS calendar of meetings and events](#) and e-mail hbgoffice@pccyfs.org with any questions.

PCCYFS Newsletter Archive

Looking for information from a previous PCCYFS newsletter? Visit the [PCCYFS Newsletter Archive](#), now live on pccyfs.org.



Save the Date! April 9 & 10
2025 PCCYFS Annual Conference

Support PCCYFS with a donation! [*click here*](#)



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OUR MISSION: PCCYFS is a leading, statewide membership organization serving as a united voice for our valued partners through education, data, resources and advocacy towards achieving a brighter future for children, youth and families.

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